



AgilePM® V3 Foundation with exam

About AgilePM® V3

AgilePM® V3 is the latest evolution of the world's leading framework for agile project management. It builds on the strong foundations of earlier versions while aligning even more closely with modern business needs. Since AgilePM® first launched in 2010, it has been adopted by organisations worldwide to bring structure, governance, and flexibility together in project delivery. Version 3 refines and enhances these principles, ensuring continued relevance in a rapidly changing digital landscape. It incorporates updated guidance on leadership, stakeholder engagement, and scalability—helping teams deliver value-driven outcomes faster, with improved collaboration and transparency across all project levels.

Learning objectives

Gain a deep understanding of the updated philosophy and principles of AgilePM® V3 and how they apply in dynamic project environments | Focus on integration with Scrum | Configure and tailor the Agile project lifecycle to suit a range of organisational contexts | Apply proven Agile practices such as MoSCoW prioritisation, iterative development, and timeboxing to manage scope and delivery effectively | Define and align roles, responsibilities, and governance mechanisms to ensure accountability and control | Use practical approaches for estimation, quality assurance, and performance measurement in an Agile project | Learn how to manage and evolve requirements through continuous feedback and stakeholder collaboration | Understand how AgilePM® V3 integrates with established frameworks like PRINCE2® and complements enterprise-level agility initiatives.

Course approach.

This course is the foundation level course

Introduction: This study level is for awareness only and does not include an exam. It provides an overview of the approach and is suitable for general project teams, stakeholders or anyone wishing to know more about the approach. Covers: Fundamentals and philosophy | Lifecycle and team structures | MoSCoW | Roles and responsibilities | Estimation and measurement.

Introduction estimated study time: 90 minutes Live and OnDemand and 4 hours e-Learning.

Foundation: The Foundation level aims to confirm that you know and understand the AgilePM® method well enough to be able to work effectively with, or as a member of, a project management team working within an environment supporting AgilePM®.

Covers the philosophy & principles | The lifecycle of an agile project including alternative configurations | The products produced during an agile project | The techniques used and their benefits | Roles and responsibilities.

Perfect for those involved with projects at any level seeking a broader understanding of the approach and those experienced in projects wishing to embark on their certification journey.

Foundation estimated study time 2 days ONLIVE (virtual classroom) or 20 hours OnDemand / e-Learning.

Practitioner: The Practitioner level aims to confirm that you have sufficient knowledge and understanding in order to apply the method in a range of different project environments and scenarios.

Advanced level for those who are foundation level qualified and wish to advance their certification and experience and apply the lessons learned to their own projects and organisation. Covers: How to apply a variety of agile practices to a project | How to test, estimate and evaluate profit from agile projects | Facilitation and support mechanisms | the agile approach.

Practitioner estimated study time 2 days ONLIVE (virtual classroom) or 30 hours OnDemand / e-Learning.

Exam Information

Introduction course: This level of study does not come with certification and is for awareness only.

Foundation level:

Format: Multiple choice

Question numbers: 50

Time: 40 minutes

Pass mark: Version 3 exam - 30 marks required to pass (out of 50 available) - 60%

Practitioner level: Foundation pre-requisite

Format: Objective testing open book

Question numbers: 3 questions (15 points per question)

Time: 2 hours

Pass mark: 30 / 60 points (50%)

This course DOES include exam



Study options

ONLIVE Virtual Classroom training (live online)

ONLIVE virtual classroom from SPOCE gives you and your organisation the best of both worlds when it comes to training. It is an online learning platform with a very big difference. SPOCE ONLIVE training is presented 'live' by our expert team of trainers and gives you the ability to interact with the trainer and the rest of their virtual class throughout.

- Conducted live by a SPOCE lead trainer.
- Delegates can interact with the trainer and their virtual classmates.
- Includes Q&A box, whiteboard presentations, full trainer support and break out groups.
- Exams can be taken online.
- Compatible with any device.
- Delegates receive a recording of each session for any catch up sessions.
- Full trainer support throughout.
- Pre-course study materials so you can hit the ground running on your first day.
- Official manual and course workbooks where exams are booked.
- Exam preparation support.

The perfect solution for those that would like to study from the comfort of their own home but like the support of a classroom environment.

Virtual classroom training (OnDemand)

All the perks of the live virtual classroom sessions but your modules are set as pre recorded sessions. Gives the feeling of the classroom setting with presentations by lead trainers but with the ability to re run any of the sessions again (or skip them if you wish).

- 6 months access to live recordings.
- Course modules you can access in your own downtime.
- Get the classroom feeling but work at your own pace.
- No need to participate with the rest of the class.
- Access to trainer support is available by contacting us directly.
- Review, repeat or skip any modules you like.
- No pressure to keep up with the class or stick to a strict schedule

The perfect solution for those that like to learn by traditional training methods but cannot fit a course in to their schedule.

E-Learning (documentation)

Do you like the flexibility of being able to choose when and where you study, are fairly confident learning with technology but don't want to lose on quality in your course material? Here at SPOCE we have developed our own brand of award-winning e-Learning courses to support your self-study, accessible worldwide from our Learning Management System. Now you can even take your exams online too!

- Provides flexibility for those wishing to study at a time, pace and place convenient to them.
- A flexible choice of different self-study options, including a blended-learning package combining self-study with a classroom-based revision day
- A cost-effective solution for both individuals and organisations.
- Online learning gives you the freedom to access from any location.
- Work at your own pace and no need to participate if not for you.
- Modules are full of interactive, video content and exam simulation questions.

The perfect solution for those that are confident with self-study and like to learn at their own pace.

About SPOCE

- Over 30 years in the training industry.
- The first company to EVER deliver PRINCE2® PRINCE2 Agile® and MSP®
- Lead trainers with an average of 15–20 years experience.
- Founder member of ASPECT (Association for the Promotion of Excellence in Consultancy and Training).
- Accredited by Association for Project Management (APM), APMG and PeopleCert.

AgilePM® Foundation with exam course is available as ONLIVE Virtual Classroom, OnDemand and e-Learning



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